



Kennedy Junior High School
8th Grade Health Curriculum
Mrs. Hirst

Unit 1 - Body Systems - 3 Weeks

Topics:

Muscular System	Skeletal System	Diseases & Disorder Overview
Circulatory System	Nervous System	Injury Prevention Overview
Respiratory System	System Care	Decision Making

Focus on how to keep the systems healthy and injury prevention, not in-depth anatomy.

Unit 2 - Leading Causes of Death - 3 Weeks

Topics:

Heart Disease	Cancer	Diabetes
Stroke	Suicide	Homicide
Accidents	Decision Making	
Environmental Health & Safety		

Respiratory Diseases: Influenza, Pneumonia, Asthma, Allergies, Emphysema
Contributing factors of Drugs with Causes of Death

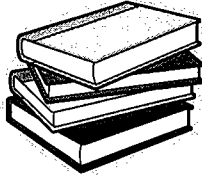
New Teen Health Book by Glencoe

HEALTH ROTATION DATES

- 1. 8/19 – 10/2**
- 2. 10/5 – 11/11**
- 3. 11/12 – 1/8**
- 4. 1/11 – 2/19**
- 5. 2/22 – 4/16**
- 6. 4/19 – 5/27**

Any Questions Please Call Mrs. Hirst at (630) 420 - 3219 or
e-mail at rhirst@naperville203.org

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7th Grade Health Curriculum
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Unit 1 – General Safety – 3 Weeks

Topics:

Violence Prevention
First Aid

Personal Safety
Environmental Health and Safety

Unit 2 – Abstinence & Sexuality Education – 3 Weeks

Topics:

Abstinence
Endocrine System
Sexual Attraction
Sexual Harassment
HIV and AIDS

Good Character
Reproductive System
Equality
Physical Development
Sexually Transmitted Diseases

Self-Esteem
Marriage
Dating
Birth
Values

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Piloting Additional Resource: Glencoe's Teen Health Book