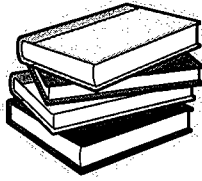


**Kennedy Junior High School**  
**7<sup>th</sup> Grade Health Curriculum**  
Mrs. Hirst



***Unit 1 – General Safety – 3 Weeks***

*Topics:*

Violence Prevention  
First Aid

Personal Safety  
Environmental Health and Safety

***Unit 2 – Abstinence & Sexuality Education – 3 Weeks***

*Topics:*

Abstinence  
Endocrine System  
Sexual Attraction  
Sexual Harassment  
HIV and AIDS

Good Character  
Reproductive System  
Equality  
Physical Development  
Sexually Transmitted Diseases

Self-Esteem  
Marriage  
Dating  
Birth  
Values

**HEALTH ROTATION DATES**

- 1. 8/19 – 10/2**
- 2. 10/5 – 11/11**
- 3. 11/12 – 1/8**
- 4. 1/11 – 2/19**
- 5. 2/22 – 4/16**
- 6. 4/19 – 5/27**

Any Question (s) Please Call Mrs. Hirst (630) 420 – 3219 or e-mail  
[rhirst@naperville203.org](mailto:rhirst@naperville203.org).

Piloting Additional Resource: Glencoe's Teen Health Book