



Kennedy Junior High School 6TH Grade Health Curriculum

Mrs. Hirst

Unit 1 - Wellness, Stress, Peer Pressure - 3 Weeks

Topics:

Wellness, Stress, Bullying, Peer Pressure,
Self-Esteem, Child Abuse, Decision-Making, Conflict
Resolution/Peer Mediation, Health Triangle & Character Counts

Unit 2 - Substance Awareness - 3 Weeks

Topics:

Tobacco, Alcohol, Marijuana, Peer Pressure, Character Counts
Inhalants, Resistance Skills & Choices

HEALTH ROTATION DATES

1. 8/19 – 10/2
2. 10/5 – 11/11
3. 11/12 – 1/8
4. 1/11 – 2/19
5. 2/22 – 4/16
6. 4/19 – 5/27

Any Question (s) Please Call Mrs. Hirst (630) 420 – 3219 or e-mail
rhirst@naperville203.org.

Piloting Additional Resource: Glencoe's Teen Health Book