

# Junior Arrowettes Pom Clinic

**For all girls grades 6-8**

## Clinic A

**Sep 9, 2009 6:00-7:30 pm**

**Sep 10, 2009 6:00-7:00 pm**

**Performance Day Sep 17, 2009  
Fashion Show 7:00 pm  
(arrive at 6:30)**

## Clinic B

**Jan 13, 2010 6:00-7:30 pm**

**Jan 14, 2010 6:00-7:00 pm**

**Performance Day Jan 15, 2010  
Game Time 7:30 pm  
(arrive at 7:00)**

The NCHS Varsity Arrowettes would like to invite your daughter to participate in their 17th annual Junior Arrowettes Pom Clinics. Participants will learn a routine that they will perform at the annual Arrowettes Fashion Show or at half-time at a NCHS Varsity basketball game. There will be an emphasis on learning skills in preparation for Arrowettes try-outs.

**Day 1:** Arrowettes teach routine and participants pick up T-shirts for Performance Day

**Day 2:** Finish learning routine and work on technique

**Performance Day:** Arrowettes supervise girls and review routine...participants perform at the Fashion Show in the auditorium (Clinic A) or half-time in the main gym (Clinic B)

### Cost

- \$35 includes choice of one clinic and T-shirt
- \$65 includes both clinics and T-shirt

### Location

Naperville Central High School

(enter at door #19 by Hillside parking lot)

Meet in Registration Hall just inside door #19

Pick up is in the Cafeteria (parents are asked to leave the practice area during the clinics to help participants better focus on learning routines)

### For more information call:

**Linda Ward 630-527-0645**

**Becky Brophy 630-416-6965**

**FIRST TIME  
EVER!!**

Clinic A routine will be performed at the Arrowettes Annual Fashion Show!!

Perform on the stage in the NCHS Auditorium!

Junior Arrowettes...  
Prepare for  
Poms Tryouts!! Learn  
the skills you will  
need!

Clinic A routine will be DIFFERENT from Clinic B routine!!  
Sign up for both clinics and you will learn TWO DIFFERENT ROUTINES and receive a discount!

HURRY SPACE IS LIMITED!!  
Only first 200 applicants can be accepted for each clinic.

**Register NOW for Clinic A  
Register by 1/04/10 for Clinic B  
to guarantee a T-shirt**



This is a fundraiser for the NCHS Varsity Arrowettes

## NCHS Junior Arrowettes Parental Consent Form

I give consent for my daughter \_\_\_\_\_ to participate in the Junior Arrowettes Pom Clinic(s) indicated below. During the clinics I can be reached at \_\_\_\_\_ (home) or \_\_\_\_\_ (cell)

E-mail: \_\_\_\_\_

Parent Name(s) \_\_\_\_\_ Parent Signature \_\_\_\_\_

Registering for: (circle)

**BOTH CLINICS**

**CLINIC A—Sep 9 & 10**

**CLINIC B—Jan 13 & 14**

Grade \_\_\_\_\_ Name of School \_\_\_\_\_

Enclose check made payable to NCHS Varsity Arrowettes (\$65 for both clinics; \$35 for one clinic).

Mail form and payment to: Linda Ward, 2332 Remington Dr., Naperville, IL 60565

If you prefer you may drop off your form & payment to one of the following addresses:

2332 Remington Dr, 833 Shiloh Circle, or 929 River Oak Dr (look for the Arrowettes envelope at the front door; NO CASH)

Registration for Clinic B must be received by Monday, Jan 4, 2010 to guarantee a T-shirt. No refund requests will be honored after the start of the clinic.

**Only the first 200 applicants can be accepted for each clinic.** Those not accepted will be called. If you do not receive a call, assume your registration is accepted.